

The Ohio Department of Health
in conjunction with



**Clermont County General
Health District**
(513) 732-7499
www.clermonthealthdistrict.org

Stockpile supplies to prepare for an influenza pandemic

Experts believe a worldwide outbreak, or pandemic of influenza will happen someday which will affect many individuals. To protect yourself and others from spreading the flu virus, you may be asked to remain in your home for several days. Experts recommend you stockpile food and supplies for at least one-week.

Store a supply of food and fluids

Have easy to prepare non-perishable foods should you or family members be too ill to cook meals. Store bottled or canned juices, sports drinks or other favorite fluids. Plan on at least one gallon of fluid per person per day.

Medical, first-aid and hygiene supplies

Have non-prescription drugs, prescription medications and other health supplies on hand. Be sure to periodically rotate medications.

Emergency Supplies

Valuable emergency supplies include a flashlight; battery-powered radio; batteries for flashlight, radio and any medically prescribed equipment; manual can opener; and garbage bags.

Get Informed • Be Prepared • Work Together
For more information visit
<http://www.ohiopandemicflu.gov>

Will Bird Flu be the next Pandemic?

Many scientists believe it is only a matter of time until we face the next influenza pandemic. Health experts around the world are concerned that the flu virus affecting birds (known as the H5N1 avian influenza or bird flu) could cause the next pandemic. Currently, bird flu is circulating among wild fowl, migratory birds, and poultry. Human-to-human transmission, which would be required for a pandemic, has been rare and inefficient. While there is no way to tell if the current bird flu virus will cause the next pandemic, we have the unique opportunity to plan and prepare for such an event. Federal and state assistance cannot be counted on since a pandemic will be affecting all areas of our country. Individuals, communities and businesses need to be prepared to handle a pandemic locally.



Three things you can do now to prepare:

Plan – Make a plan to meet the needs of your family in an emergency, which can help you, who you can help, keep emergency numbers handy and know the plan or your employer, school and daycare.

Act - Get an emergency kit together to last your family at least a week, educate yourself, practice healthy habits and consider volunteering for the Tristate Medical Reserve Corps so you will be ready to help others.

Listen – Listen to public health officials for information on preventing the spread of disease and things you can do to protect yourself and your family.

July, 2006

FROM YOUR WATER PROVIDER

Tate Monroe Water will endeavor to maintain normal water supply during the threatened pandemic; however, if rationing of water is necessary due to lack of trained personnel available to operate the system, notification will be issued through the media.

The production facilities will remain operational on a 24-hour basis with revised staff schedules that allow as little interaction as possible with the public, vendors, and other staff.

Our field representatives will limit customer services to maintaining water flow. The only contact with our employees will be by phone. They will not be permitted to enter any home or commercial facility.

The staffing at our office will be altered to minimize interaction with other employees and the public. The only access will be by way of the drive-through window.

**Please refer to:
<http://www.ohiopandemicflu.gov>
as recommended by the Clermont County General Health District. This site contains valuable information for all facets of society and a FAQ's area.**

HOUSE (FREE) AVAILABLE TO MOVE OR DISMANTLE

Tate Monroe Water recently purchased acreage along U.S. 52 (1847 U.S. 52 between Moscow and Neville) on which a small cape cod house (1 ½ story) exists. If you wish to have this house moved to your site or dismantle the house for the materials please contact Dan at 734-2236 ext. 108. You will be required to secure Workman's Compensation coverage and insurance to perform the work. All materials in whole or in parts must be removed from the site. If you plan to remove the house to another location the contract with the mover must be approved by Tate Monroe Water Assn., Inc. Viewing of the house may be scheduled by calling 734-2236 ext. 108.

ENVELOPES TO BE INCLUDED WITH BILLS

A self-addressed envelope will be included in each bill generated after August 1st of 2006. The Association, over the last two years, has purchased and implemented the software programs, training, and equipment required to make this service available.

PandemicFlu.gov

AvianFlu.gov

Ohio Pandemic and Avian Flu Information

Pandemic Flu Planning Checklist for Individuals and Families

You can prepare for an influenza pandemic now. You should know both the magnitude of what can happen during a pandemic outbreak and what actions you can take to help lessen the impact of an influenza pandemic on you and your family. This checklist will help you gather the information and resources you may need in case of a flu pandemic.

1. To plan for a pandemic:
 - Store a two week supply of water and food. During a pandemic, if you cannot get to a store, or if stores are out of supplies, it will be important for you to have extra supplies on hand. This can be useful in other types of emergencies, such as power outages and disasters.
 - Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
 - Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.
 - Volunteer with local groups to prepare and assist with emergency response.
 - Get involved in your community as it works to prepare for an influenza pandemic.
2. To limit the spread of germs and prevent infection:
 - Teach your children to wash hands frequently with soap and water, and model the correct behavior.
 - Teach your children to cover coughs and sneezes with tissues, and be sure to model that behavior.
 - Teach your children to stay away from others as much as possible if they are sick. Stay home from work and school if sick.
3. Items to have on hand for an extended stay at home:

Examples of food and non-perishables

- Ready-to-eat canned meats, fish, fruits, vegetables, beans, and soups
- Protein or fruit bars
- Dry cereal or granola
- Peanut butter or nuts
- Dried fruit
- Crackers
- Canned juices
- Bottled water
- Canned or jarred baby food and formula
- Pet food
- Other non-perishable items

Examples of medical, health, and emergency supplies

- Prescribed medical supplies such as glucose and blood-pressure monitoring equipment
- Soap and water, or alcohol-based (60-95%) hand wash
- Medicines for fever, such as acetaminophen or ibuprofen
- Thermometer
- Anti-diarrheal medication
- Vitamins
- Fluids with electrolytes
- Cleansing agent/soap
- Flashlight
- Batteries
- Portable radio
- Manual can opener
- Garbage bags
- Tissues, toilet paper, disposable diapers

Ohio Department of Agriculture

8995 East Main Street
Reynoldsburg, Ohio 43068-3399
Phone: (614) 466-2732
Fax: (614) 466-6124
Web: <http://www.ohioagriculture.gov/>

Ohio Division of Wildlife

2045 Morse Road, Building G
Columbus OH 43229-6605
Phone: (614) 265-6304
Fax: (614) 262-1143
Web:
<http://www.dnr.state.oh.us/wildlife/default.htm>

Ohio Department of Health

246 North High Street
P. O. Box 118
Columbus, OH 43266
Phone: (614) 466-2253
Fax: (614) 644-0085
Web: <http://www.odh.state.oh.us/>

Report Sick Farm Birds at 1-866-536-7593

Don't wait! Early detection can make a difference. If your birds are sick or dying, call USDA's Veterinary Services toll free at 1-866-536-7593, or your State Veterinarian or local extension agent to find out why.

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